

## EDUCATION

**University of California at San Francisco, School of Dentistry**  
Doctor of Dental Surgery, expected date of graduation: June 0000

**University of California at Davis**  
Bachelors of Art, Music– May 0000

## AWARDS AND HONORS

- **Arthur Conan Doyle Scholar**, UCSF, September 0000-Present. Awarded for superior academic record and established dedication to helping underserved communities.
- **Professional Development Award**, UCSF, June 0000. The only student chosen by classmates for ability to motivate others, leadership, and exemplary service to benefit the Dental Class of 0000.
- **Honors in Patient Centered Care**, UCSF, July 0000-June 0000. Received for outstanding performance as a clinician.
- **First Place Award**, Phi Phi Phi Fraternity Regional Meeting Table Clinic, April 0000. Received for presentation of caries research from NIH-funded John H. Watson Research Fellowship on... *name of research project here*.
- **Distinguished Phi Award**, Phi Phi Phi Fraternity, July - June 0000. In recognition of going above and beyond the call of duty.
- **Honors, Student Learning Center**, University of California, Davis, May 0000. Awarded for exemplary performance, leadership and exceptional service as a Biology Study Group Leader and Biology Mini-Lecture Coordinator.
- **Community Service Award, Rotary Club**, City of Oakland, June 0000. Awarded in recognition of dedication to community service.
- **English Women's League Award**, San Francisco, June 0000. Received in recognition of outstanding academics combined with extracurricular achievements and a dedication to community service.

## LEADERSHIP

**Student Body Government**, UCSF School of Dentistry  
**ADS Vice President**, September 0000-May 0000

- Represented UCSF's student body while cooperating with the deans of the dental school, department chairs, and student organizations to resolve complex school issues using innovative solutions.
- Often acted as interim ADS President in leading the ADS Executive Council in resolving complaints.
- Personally managed and ensured the integrity of all class officer elections and ADS officer elections.

**ADS Secretary**, September 0000-May 0000

- Led the student body through the rigorous accreditation process conducted once every seven years by the American Dental Association.
- Responsible for recording and distributing minutes of Cabinet, Executive Council, and Faculty Liaison meetings.

**2<sup>nd</sup> Year Class President**, September 0000-May 0000

- Resolved conflicts between the faculty and students regarding the new curriculum put in place during our first year.

**Phi Phi Phi International Dental Fraternity**, September 0000-May 0000

**UCSF President, Pledge Class Coordinator, 1<sup>st</sup> year Class Representative, 4<sup>th</sup> year Class Representative**

- Managed and organized dental fraternity of eighty-two members and annual budget totaling \$30,000. Under my leadership, the chapter increased its number of members by 70%.
- Organized exam preparations for anatomy practicals, pre-clinical laboratory examinations, and National Board Dental Exam part I. Collaborated to organize community service events and private practice visits for members.
- Organized recruiting events.

**Dr Moriarty Society-** UCSF, May 0000-May 0000

**Second and Third Year Class Representative**

- Coordinated with officers to compile innovative ideas and solutions in providing more research opportunities and funding resources for the student body.

## LEADERSHIP ASSOCIATIONS

- ADS Executive Committee, Constitution Committee, Deans and Students Liaison Committee, Faculty Council Committee, Accreditation Student Committee, Student Admissions Committee, Student Disciplinary Hearing Committee, Professional Development Committee, First Year Orientation Committee.

### RESEARCH EXPERIENCE

**NIH-funded John H. Watson Research Fellowship, UCSF, June 0000-October 0000**

**Name of Research Project Here**

Mentors: Dr. Graham Greene

- Conducted caries research *on.... name of research project here*
- Poster Presentation on Research Day, UCSF School of Dentistry, March 0000, Poster #00
- Table Clinic Poster Presentation for Phi Phi Phi regional meeting, First Place Award Recipient, April 0000

**Table Clinic Presentation at the Annual American Orthodontics Convention in San Francisco, June 0000-May 0000**

**Name of Research Project Here**

Mentors: Dr. Agatha Christie

- Conducted research on *on.... name of research project here.*
- Demonstrated a... *explain what was demonstrated through this presentation here.*

**Name of Research Project Here, UCSF, October 0000-February 0000**

**Data Analyst**

Mentors: Dr. Ian Fleming

- Examined the shape of vertebrae...*discuss research here.*
- Collected data based on the ...*discuss data collected here.*

### COMMUNITY SERVICE

**Inpatient Volunteer, Children's Hospital, Oakland, CA, June 0000-May 0000**

- Volunteered in bedside assistance and playroom activities every Saturday morning.

**American Academy of Pediatric Dentistry, UCSF School of Dentistry, September 0000-Present**

- Health fair volunteer for dental screenings at the Oakland Headstart Health Fair and at Give the Kids a Smile Day.

**California Public Health Association-North, UCSF School of Dentistry, September 0000-Present**

- Dental screening volunteer at the Japantown Health Fair, Philippino Health Fair, and Lady Shaw Health Fair.

**Community Dental Clinic, Dental Provider, UCSF School of Dentistry, September 0000-present**

- Increased access to dental services for the homeless population of San Francisco by providing free dental treatment.
- Performed dental screenings at the Multi-Services Homeless Shelter.

**Class Fundraisers, UCSF School of Dentistry, January 0000 and November 0000**

- Raised over \$9,000 for the victims of the Tsunami Disaster and \$3,000 for the victims of the Katrina Hurricane disaster.

**Katrina Hurricane Victim Bay Area Relocation Relief, UCSF School of Dentistry, November 0000**

- Assisted a displaced hurricane victim from Louisiana in receiving free orthodontic care at UCSF.

**Relay for Life Organizer, American Cancer Society, Davis, CA, May 0000**

- Constructed a team of over 20 students, and raised over \$1,000 for the American Cancer Society.

**Dental Assistant, Berkeley Free Clinic, Davis, CA, March 0000-May 0000**

- Assisted in the providing of free extractions and fillings.

### TEACHING EXPERIENCE

**Biology 1A Study Group Leader, Student Learning Center, UC Davis, August 0000-May 0000**

- Created and conducted mock exams for 200 students. Performed detailed explanations of all questions after the exam.
- Attended lectures and reorganized the lecture notes to present to 30+ students four hours a week.

**Biology 1A Undergraduate Student Instructor, UC Davis, June 0000-August 0000**

- Conducted lectures and laboratory demonstrations to 60 students in 2 sessions.

### CLINICAL EXPERIENCE

**Dental Assistant, Dr. Detective Dental Clinic, London, England, December 0000-January 0000.**

- Personally requested by doctor to extend employment beyond predetermined contract end-date and was offered future employment as an associate.

My favorite proverb states, "Genuine compassion cannot simply be taught or given, it must be experienced." To me, this adage rings remarkably true in light of the adversities I've experienced involving my father's progressive paralysis. Through supporting him, I have witnessed first hand what suffering truly is. And having worked closely with the health professionals who helped my father, I realized how much hope and gratitude we place in the hands of those who help us. As a result, I am proud to have become a dentist, an individual who attends to the dental health of our society. Furthermore, I aspire to practice pediatric dentistry because I have tremendous compassion for the unbearable suffering among children with dental problems. By alleviating this suffering, I aim to make a difference in their lives and to inspire hope in them.

My interest in pediatric dentistry first began in college when I volunteered at the Children's Hospital of Oakland. This experience exposed me to the impact dental problems have on children's lives. Inevitably, I noticed that many emaciated children were battling medical illnesses, and also rampant caries in their teeth. It saddened me to see how slowly they ate, and that this behavior limited on their nutritional intake during a period of substantial body growth and development. It also struck a chord in me when I saw how self-conscious they were about smiling.

In dental school, I encountered similar situations in underserved communities during health fairs and dental screenings. However, I also learned how complex children can be as dental patients. Surprisingly, children with the most dental fear often turn out to be those with the most severe conditions. In addition, not only are pediatric dental pathologies prevalent, but often many children with painful conditions are only seen by dentists after it is too late. Seeing all the dental needs of children made me want to help them as much as I could.

Through experiences as an undergraduate and in dental school, I learned that in addition to dental procedures, a dentist frequently provides crucial patient education that can help raise public awareness and prevent many dental problems. As the Secretary of the Pre-Dental Society at UC Davis, I helped initiate a program called The Dental Education For All (DEFA). Our goal was to teach underprivileged preschoolers the correct way to brush and floss through the use of skits and games. At UCSF, I applied these volunteer experience in similar dental screening programs under the guidance of faculty. The purpose of educating children early in their lives about dental hygiene is to establish a foundation of healthy dental habits resulting in oral health and brighter futures.

My desire to pursue pediatric dentistry was further consolidated during my pediatric rotations. Initially, I had trouble managing the kids' behavior because they frequently refused to cooperate or respond to my requests. However, as I patiently befriended them, I began to gain their trust. Certainly, my greatest pediatric challenge thus far came from doing three fillings on a 2-year-old patient. Even with nitrous oxide sedation, the patient was still very anxious and restless. I worked as quickly as I could while singing children's songs to relax the patient. When the procedure was over, we were so proud of what we had accomplished that I carried her, with her smiling broadly, over to the treasure chest for two prizes. Lastly, my most memorable experiences have been from assisting our pediatric dentistry residents with developmentally delayed children. While assisting on a challenging case, I held a mirror in front of a child and talked her through the prophylaxis procedure and the taking of radiographs. At the end of the appointment, the patient had a huge smile on her face, and gave us all a big hug. Her grandmother expressed amazement at her granddaughter's cooperation, because she had never let any dentist work on her before that procedure. Although these experiences were small feats in themselves, I felt a great sense of accomplishment after each one upon realizing that I had made a difference: I created hope.

Rather than diminishing my passion for life, my personal experiences with my father's adversity have inspired my growth. My father frequently tells me that there are basically two kinds of people in this world: those who present the problems, and those who present the solutions. He acknowledged that his medical condition made him a part of the "problem," and he hoped that his children would become significant contributors who would give solutions back to society. Dental school has expanded my perspective and opened my eyes to both the problems and the solutions. Now, I aspire to use my knowledge, leadership, and most importantly, my compassion to become a positive factor in the lives of pediatric patients. I believe pediatric dentistry is the means through which I can be a meaningful part of the solution.