## Learn more about networking: tiny.ucsf.edu/Network



Mastering the Art of Uncomfortability: Conversation Tips

Flow of a conversation (see inside for examples)1. Start the conversation2. Maintain the conversation3. Exit the conversation, gracefully

The Office of Career and Professional Development

## **Conversation-starters**

Discuss the event: What do you think of the event so far? Have you attended before? Which session was your favorite / what did you find most helpful? Have you been to [event location] before? Ask basic info: What organization/department are you with? Express appreciation: I loved the point you made about [X].

## Continue the conversation

Ask further questions about their career: How long have you been at [organization/department]? What kinds of things are you working on right now? Connect on a common point: I see you have a sticker from Yosemite. I was just camping there! Other small talk: Are you watching or reading anything interesting? Or: share something you've been enjoying: "I've been really into [book] recently, have you ever read it?"

## Ending the conversation

Express Appreciation: Well, it was great to meet you. Thanks for your advice, I appreciate it! Want to keep in touch: Thanks for the advice/insight. This was such a helpful conversation. Could we keep in touch? Got an informational interview: Thank you. I look forward to speaking with you in the future.