Welcome

We teach UCSF students and postdoctoral scholars the professional skills required to navigate their careers successfully.

Non-Academic Career Counseling Appointments for Ph.D.s will be suspended from July 1-September 1, 2018.

Please visit our website for resources or calendar for upcoming programming, including our Summer Biotech Series, starting in July!

Your Professional Development Article of the Week:

If You’re So Successful, Why Are You Still Working 70 Hours a Week? Laura Empson, Harvard Business Review
"In the old days, if you were a white-collar worker, the deal was that you worked as hard as you could at the start of your career to earn the right to be rewarded later on, with security of tenure and a series of increasingly senior positions. This is no longer true. Today, many senior leaders work longer and harder than ever. At the heart of it is insecurity, and indeed, elite professional organizations deliberately set out to identify and recruit insecure overachievers. Insecure overachievers are exceptionally capable and fiercely ambitious, yet are driven by a profound sense of their own inadequacy.

If this sounds familiar, you should try to work exceptionally long hours when you need to or want to — but do it consciously, for specified time periods, and to achieve specific goals. Don’t let it become a habit because you have forgotten how to work or live any other way."

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Links:
[1] https://career.ucsf.edu/cvs-resumes-cover-letters
[3] https://calendar.ucsf.edu/event/biotech_industry_researcher_series_mb_job_hunting#.WwcDAMa-JE4