Medical Students: Start Here!

Welcome! Our office works with medical students at every stage of their career development including: self assessment, career exploration, residency and job search and professional skill development.

Where to begin? Determine what stage you're in:

1. **Self Assessment** ([1](https://career.ucsf.edu/medical-students/self-assessment)): Explore your critical factors: values, interests, skills and preferences.
2. **Career Exploration & Decision Making** ([2](https://career.ucsf.edu/medical-students/career-exploration)): Find out how to identify and research career options available to someone with your skills and interests, and learn effective decision making strategies.
3. **Residency Search and Application** ([3](https://career.ucsf.edu/medical-students/residency-search)): Learn how to organize your residency search, see sample resumes/CVs, and personal statements, and review interview questions.
4. **Professional Skills Development** ([4](https://career.ucsf.edu/communicating-professionally)): Develop communication, interpersonal and leadership skills to help you succeed in every position.

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**Source URL:** [https://career.ucsf.edu/medical-students](https://career.ucsf.edu/medical-students)

**Links:**

[1] [https://career.ucsf.edu/medical-students/self-assessment](https://career.ucsf.edu/medical-students/self-assessment)
[2] [https://career.ucsf.edu/medical-students/career-exploration](https://career.ucsf.edu/medical-students/career-exploration)
[3] [https://career.ucsf.edu/medical-students/residency-search](https://career.ucsf.edu/medical-students/residency-search)
[4] [https://career.ucsf.edu/communicating-professionally](https://career.ucsf.edu/communicating-professionally)