Welcome! Looking to launch yourself into a career beyond academe? Look no further. Our office works with graduate students and postdocs in every stage of their career and professional development. We have resources and services to help you assess yourself, explore career options, organize your job search, and develop the professional skills to succeed in your career.

Where do you begin? First, determine what stage you're in: do you want to....

1. **Reflect on your values, interests, skills & preferences** [1]: The ability to articulate these critical factors helps you recognize which jobs are a good fit for you and discuss why you're interested in moving in a new direction.

2. **Explore your career options** [2]: Find out about career paths and specific job titles closely align with your skills, interests, experience and work values.

3. **Position and prepare yourself for your career path** [3]: If you know what positions you’re aiming for, the next step is to deterring the skills and experiences that will make you competitive for your chosen career path, and find out about on- and off-campus opportunities to develop in those areas.

4. **Organize your job search** [4]: Learn the strategies to organize your search while at UCSF, and how to navigate each step, from tailoring a CV to interviewing effectively.

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