Click on hyperlinks for additional information and resources

# ELLA FITZGERALD, MSN, RN, CNS

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# **EDUCATION**

## University of California, San Francisco (UCSF)

Master of Science, Nursing, Adult-Gerontology Clinical Nurse Specialist-Oncology

Grand Canyon University, AZ

Bachelor of Science in Nursing

## **CLINICAL NURSE SPECIALIST RESIDENCIES**

## Specialty Area – (e.g. Primary Care)

## Name of Organization, City, State Abbreviation\*\*

Provide a description of your achievements. Start with a strong active verb and consider using the ACE formula

- To add more depth to your clinical experiences, consider adding the following points of descriptive text:
  - Setting (e.g., community clinic, hospital, nonprofit)
  - Patient populations (e.g., culturally diverse patients, Spanish speaking patients) •
  - Clinical issues (e.g., issues related to diabetes, women's health, hypertension)
  - Clinical skills and responsibilities (e.g., triage, assessment, counseling)
- Teams you were working with (e.g., consulting with social workers, interprofessional collaboration, etc)

\*\*The city and state are not necessary if location is already in the name of the organization (e.g., UCSF)

## Cardiology

## **UC Davis Medical Center**

- Collaborated in a thirty-bed unit as a member of an interdisciplinary team, providing assessment, interventions, consultation and educational services to cardiology patients
- Performed clinical programming, including performing pre-trial health examinations, compliance oversight for federal • guidelines, clinical trials consent forms and data collection
- Developed community education initiatives, including cardiology health, medication and rehabilitation information in the • form of one-on-one and small group sessions, and contributing to Heart-to-Heart Talk, the cardiology department education newsletter and website

## *Hematology/Oncology*

## Marin General Hospital, CA

- Provided education and health maintenance and management of individuals undergoing radiation treatment; care focused on mental health and support for at risk individuals
- Conducted skin assessments on bone marrow transplant patients. Provided educational tools and teaching for staff on correct assessment and documentation of skin assessments and GVHD. Provided education to staff on management of Antiphospholipid antibody syndrome in high risk patients
- Coordinated end of life care and assisted families with decisions while providing supportive care for oncology patients and collaborated with social workers to identify SNFs and hospice placements

#### Pain Service

Fitzgerald

## Palo Alto Veteran's Administration, CA

- Monitored and treated patients during radiofrequency ablation and epidural steroid injections, educated patients about pre-/post- procedure preparation and follow up
- Developed comprehensive, multi-modal care plans for patients experiencing chronic pain in the ambulatory care setting

## Geriatric Continuum of Care

### Kaiser Permanente, San Francisco, CA

- Visited geriatric patients with complex needs in home settings; performed comprehensive needs assessments (including medical, functional, psychosocial and mental status); recommended interventions
- Designed urinary catheter care education materials for home health and hospice nursing assistant staff; educated 8 staff members

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## Inpatient Oncology Consult Service

## **UCSF Medical Center**

- Supported delivery of direct care to oncology patients with mentorship from nurse practitioner and clinical nurse specialist; developed optimal plans of care with the interdisciplinary team
- Developed template for patient calendar for use at discharge in order to educate patients about home medications, lab work, follow-up, and when to contact the provider about concerning signs/symptoms

# **RESEARCH AND SCHOLARLY ACTIVITIES**

## **Institution, Name of Department**

Title, Advisor: Name and Degree of advisor/PI

- Title of Study
  - Provide an overview of the project focus
  - Include the main responsibilities related to the research (e.g. surveys, data analysis, etc.)
  - Briefly describe the outcomes resulting from your research (manuscript in preparation, poster presentation, etc.)

# **UCSF Diabetes Research Center**

Researcher, Advisor: Elizabeth Blackwell, MD, PhD

- Study: Revaluating Behavioral Interventions for Diabetes Prevention with a Focus on Time Management
- Examining pre-diabetic patients' behaviors, habits, and beliefs to identify new treatment approaches
- Recruited patients, developed surveys, collected, and analyzed data, and developed innovative behavioral nutritional intervention recommendations
- Submitted proposal for a poster presentation at upcoming conference

# **[CUSTOMIZED]** TEACHING EXPERIENCE

## Name of Institution, City, State Abbreviation

Job Title, Name of Course

- Provide a description of your achievements. Start with a strong active verb and consider using the ACE formula
- Include relevant skills (curriculum design, evaluation, assessment, etc.)
- Briefly describe the student outcomes (increased test scores, improved grade point average, etc.) •

## **UCSF School of Nursing**

Teaching Assistant, Theories of Physiological Nursing

Provided individual and group support to nursing students in MEPN accelerated program leading to RN licensure; evaluated papers and exams; met weekly with instructor to discuss progress

# **RN EXPERIENCE** *\*include only if relevant\**

- American Mobile Health Care, Travel RN •
  - Stanford Hospital, Palo Alto, CA: Bone Marrow Transplant and Infusion Treatment Center 0
  - Medical City Hospital, Dallas, TX: Medical/Oncology/Bone Marrow Transplant unit 0

# **LICENSURE & CERTIFICATIONS**

- ANCC Certificate .
- Public Health Certificate, California
- RN, CA Board of Registered Nursing

# **ADDITIONAL SKILLS**

- Language: Fluent in Spanish (have consistently used in a medical capacity) •
- Technology: Proficient in EPIC, APEX, NextGen, MediTEch, ADvancedMD and 1Life platforms

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