

Activity #1: Reflecting on Your Superpowers

Some common superpower examples include teaching, mentorship, leadership, research, and advocacy. Superpowers should ideally be both skills and organizing buckets for your experience so that they can more easily translate to your section headings, but they can also include more strictly skill-based strengths, e.g. teamwork or communication.

In a CV, superpowers are identified based on your prior experiences and hopes for your career going forward, so they are identified via an internal process of self-reflection.

In a resume, superpowers should reflect the themes you identify in the job description, so they should be determined via an external process of qualitative coding.

Please identify your superpowers, subskills you may want to highlight, the experiences in which you used them, and your "why," or what was meaningful to you about those experiences, below. You'll want to make sure that this information is then conveyed throughout your resume via your section headings and bullet points.

SUPERPOWER	SUBSKILLS TO HIGHLIGHT	EXAMPLE	YOUR "WHY"
Leadership/mentorship	Initiative	I demonstrated leadership by starting a peer tutoring RCO supporting students from identities that had been historically underrepresented in healthcare.	This was meaningful to me because I care about representation and equity, and also because I really enjoy identifying and meeting the needs of my community.