Bob Dylan

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EDUCATION

University of California, San Francisco (UCSF)

Clinical Doctorate in Physical Therapy

expected 00/20xx

Virginia Polytechnic Institute & State University

BA in Economics

00/20xx

PHYSICAL THERAPY EXPERIENCE

Name of Organization, City, State Abbreviation

00/20xx - 00/20xx

Title

(City, State Abbreviation not necessary if location is already in the name of the organization e.g., UCSF)

- Provide a description of your role and responsibilities. Start with a strong <u>active verb</u> and consider using the ACE formula.
- Include relevant skills and your accomplishments to help the Hiring Manager determine how you could contribute to their team.
- To add more depth to your clinical experiences, consider adding the following points of descriptive text:
 - Setting (e.g., community clinic, hospital, nonprofit)
 - Patient populations (e.g., culturally diverse patients, Spanish speaking patients)
 - Clinical issues (e.g., issues related to diabetes, women's health, hypertension)
 - Clinical skills and responsibilities (e.g., triage, assessment, counseling)
 - Teams you were working with (e.g., consulting with social workers, collaborating with nurses and doctors)

University of California, Berkeley (UCB), Tang Center

Student Physical Therapist

00/20xx - Present

- Treat student population on an outpatient basis for medical diagnoses that included acute ankle sprains, patellofemoral pain, post-orthopedic surgery, lumbar disc herniation, rheumatoid arthritis and scleroderma.
- Collaborate with the head team physician in Athletics to screen patients at a weekly sports medicine clinic which involves performing agility tests such as the hop test, vertical jump test, and Agility T-Test.
- Host a running analysis focused on gait pattern, cadence, speed, and shoe wear to improve running mechanics.
- Conducted an in-service on research evidence supporting ACL reconstruction graft options to the staff physical therapists, athletic trainers, and physicians of the UCB Athletic Department.

California Pacific Medical Center, San Francisco

Student Physical Therapist

00/20xx - 00/20xx

- Provided rehabilitative care for a busy and diverse outpatient hospital population with health conditions ranging from post-Bankart Procedure and knee osteoarthritis to acute cervical radiculopathy and low back pain.
- Utilized manual therapy techniques such as graston, taping, and myofascial decompression on a frequent basis.
- Consistently managed a caseload of 12-15 patients per day (90-100%) of a new grad caseload and managed support staff, such as physical therapy assistants and physical therapy aides.
- Led an in-service workshop on Shirley Sahrmann Lower Abdominal Exercise Progression to help staff physical therapists uniformly assess abdominal strength.

UCSF Medical Center

Student Physical Therapist

00/20xx - 00/20xx

- Directed gait and transfer training in an acute hospital population in the ICU step-down unit with a wide variety of patient conditions, such as organ transplants, respiratory failure, and epilepsy.
- Floated to the emergency room to conduct a series of vestibular tests to assess for vertigo.
- Participated in rounds with the PM&R physician, nurses, speech language pathologists, and occupational therapists to facilitate team-based care to improve patient outcomes.

Presented a patient case report on Anterior Compartment Fasciotomy to staff physical therapists, occupational therapists, and speech therapists to discuss effective interventions and future strategies for prevention.

California Children Services, San Francisco

Volunteer Student Physical Therapist

00/20xx - 00/20xx

- Led treatments at an outpatient pediatric clinic serving children of low income families with medical diagnoses such as Cerebral Palsy, Lissencephaly, and Angelman Syndrome.
- Served as a part-time Spanish translator in order to increase access for hispanic families in the Bay Area.
- Created a healthcare pamphlet on free community resources to improve access to medicine and rehabilitation, as well as improve health literacy.

TEACHING AND MENTORSHIP

San Francisco State University, California

Instructor, Human Anatomy Lab

00/20xx - 00/20xx

- Taught undergraduate curriculum of upper-division Anatomy lab to a class of 30 students.
- Coordinated and led weekly one-hour lecture review sessions in conjunction with KIN 200A lecture schedule.
- Managed weekly two-hour lab review sessions in conjunction with KIN 200A lab schedule.
- Planned lessons, created content, and taught lecture material to 40-50 students, resulting in positive student feedback regarding interactive activities, such as creating an edible spinal column and brain hemisphere hat

PURSUE PT Mentorship Program, San Francisco, CA

Mentor

00/20xx - 00/20xx

- Led a "How to Write a Professional eEmail" workshop to 30 undergraduate students from varying colleges in the Bay Area
- Mentored 2 SFSU undergraduate students on how to apply to PT school through monthly advising meetings that covered studying tips, application review, and editing their resume
- Collaborated with other student physical therapists from various institutions in the Bay Area to create a guide to applying to physical therapy programs
- Organized a master spreadsheet of the prerequisites required for physical therapy programs in California to further supplement the resources provided to undergraduate students

RESEARCH

Institution, Name of Department, *Title*

00/20xx - 00/20xx

City, State Abbreviation (not necessary if location is already in the name of the organization, e.g. UCSF) Advisor: Name and Degree of Advisor/PI

Study: Title of Study

- Provide an overview of the project focus
- Include the main responsibilities related to the research
- Briefly describe the outcomes resulting from your research (manuscript in preparation, poster
- presentation, etc.)

Omori & Lawrence Neurorehabilitation Lab, Norfolk, VA

00/20xx - 00/20xx

Research Assistant, Advisor: Dr. Jane Ten

Caring for Tomorrow: A Community Analysis on Children with Cerebral Palsy

- Conducted extensive literature reviews to gather information on pediatric cerebral palsy
- Collaborated with medical professionals to identify and recruit various participants for research studies
- Conducted clinical assessments under the supervision of the physician on children with cerebral palsy to gather critical data

VOLUNTEER WORK

Special Olympics Northern California, Palo Alto, CA

00/20xx - 00/20xx

- Led weekly practices to prepare athletes for competition
- Created a powerpoint presentation on post-concussion care for 30 members of the community
- Organized a quarterly bake sale to fundraise \$1,000 to fund for team merchandise and travel expenses

Mabuhay Clinic, San Francisco, CA

00/20xx - 00/20xx

Student Health Coach

- Assessed and evaluated geriatric patients' medical history, physical condition, and goals
- Co-treated patients with dental, medical, and nursing students
- Developed individualized home exercise programs and adjusted the plan based on progress
- Presented a workshop on "How to improve cardiovascular health?" To 50 community members

ACADEMIC HONORS

 UCSF School of Physical Therapy Regent Scholar APTA Minority Scholarship Award 	00/20xx 00/20xx
CONTINUING EDUCATION	
 Functional Orthopedics I & II – The Institute of Physical Art Advances in Evaluation and Treatment of the Shoulder – CPTA Advanced Joint Manipulations – The Manual Therapy Institute 	00/20xx 00/20xx 00/20xx
CERTIFICATION	00/20XX
Post Graduate International PNF Residency Level IIIA Certification	00/20xx

ADDITIONAL QUALIFICATIONS

Language: Fluent in Russian — utilized in clinical settings

Technology: APEX, EPIC, Microsoft Office