

# Lauren Bacall

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## EDUCATION

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**University of California, San Francisco/San Francisco State University** expected 00/20xx  
*Masters of Science in Physical Therapy*

**Stanford, CA** 00/20xx  
*B.S. in Environmental Biology*

## PHYSICAL THERAPY EXPERIENCE

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**Name of Organization, City, State Abbreviation** 00/20xx – 00/20xx  
*Title*

(City, State Abbreviation not necessary if location is already in the name of the organization e.g., UCSF)

- Provide a description of your role and responsibilities. Start with a strong [active verb](#) and consider using the [ACE formula](#).
- Include relevant skills and your accomplishments to help the Hiring Manager determine how you could contribute to their team.
- To add more depth to your clinical experiences, consider adding the following points of descriptive text:
  - Setting (e.g., community clinic, hospital, nonprofit)
  - Patient populations (e.g., culturally diverse patients, Spanish speaking patients)
  - Clinical issues (e.g., issues related to diabetes, women's health, hypertension)
  - Clinical skills and responsibilities (e.g., triage, assessment, counseling)
  - Teams you were working with (e.g., consulting with social workers, collaborating with nurses and doctors)

**General Relativity Clinic, San Francisco, CA** 00/20xx – 00/20xx  
*Student Physical Therapist 3, Inpatient Rehabilitation*

- Treated patients with stroke, spinal cord injury, traumatic brain injury, amputation, neuropathy, encephalopathy, and post-surgical orthopedic injuries.
- Collaborated with medicine, occupational therapy, speech-language pathology, nursing, social work, and neuropsychology in providing comprehensive rehabilitation services for adult and geriatric patients.
- Supervised and directed rehabilitation aides.
- Participated in multidisciplinary rounds, patient/family conferences, and conducted family/caregiver education.
- Advocated for patients and negotiated with insurance companies to address equipment and healthcare needs.

**Nobel Prize Sports Therapy Assoc., Oakland, CA** 00/20xx – 00/20xx  
*Student Physical Therapist 2, Outpatient Orthopedics & Sports Medicine*

- Evaluated and treated adult outpatient orthopedic and sports medicine patients with diverse diagnoses including post-surgical shoulder and knee patients, lumbar and cervical pain, and osteoarthritis.
- Managed treatment of up to 16 patients per day, supervision of support staff, documentation of services, correspondence with physicians, equipment assessment, and fitting.
- Utilized manual therapy, joint mobilization, ROM, traction, stretching, strengthening, modalities, soft-tissue mobilization, and casting for orthotics.

**UCSF Faculty Practice, San Francisco, CA** 00/20xx – 00/20xx  
*Student Physical Therapist 1, Outpatient Orthopedics*

- Evaluated and treated outpatient orthopedic and chronic pain patients with supervision of a clinical instructor.

- Provided documentation to support the delivery of physical therapy.
- Collaborated with Occupational Therapists to provide treatment for patients with spinal tuberculosis, post-polio syndrome, and chronic fatigue syndrome.

**EMC Medical Center**, San Francisco, CA

00/20xx – 00/20xx

*Student Physical Therapist I, Inpatient Acute*

- Evaluated, treated, and educated acute neurological and post-surgical patients in the ICU and Step Down unit.
- Treated patients with a variety of diagnoses including CVA, intracranial hemorrhage, TBI, aneurysm, brain cancer, spinal cord injury, lupus, and coronary artery disease.

## **RESEARCH**

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**Institution, Name of Department, Title**

00/20xx – 00/20xx

City, State Abbreviation (not necessary if location is already in the name of the organization, e.g. UCSF)

Advisor: Name and Degree of Advisor/PI

**Study:** Title of Study

- Provide an overview of the project focus
- Include the main responsibilities related to the research
- Briefly describe the outcomes resulting from your research (manuscript in preparation, poster presentation, etc.)

**Stanford, Ballet Department**, *Research Assistant*

00/20xx – 00/20xx

Palo Alto, CA

Advisor: Anastasia Bailarin, PT, DPT

**Study:** Mental Imagery in Ballet Performance and Its Effect in Artistic Expression

- Sought to determine the influence of mental imagery on the movements of ballet dancers.
- Recruited subjects and then contributed to the analysis and data collection of biomechanical responses of mental imagery and cues on alignment during dynamic movements among ballet dancers.
- Manuscript and poster presentation in progress.

**Study:** Biomechanical Analysis of Ballet Dance Movements

- Performed comprehensive literature reviews to gather relevant research articles
- Organized research data into an excel spreadsheet and SPSS for statistical analysis
- Recruited and scheduled 60 participants utilizing social media, flyers, and presentations
- Transcribed video recordings with EMG data for data collection

## **LEADERSHIP & MENTORSHIP**

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**California Physical Therapy Association**, San Francisco, CA

00/20xx – 00/20xx

*Diversity Affairs*

- Developed and supported opportunities within the CPTA that increases diversity of the CPTA Board and leadership
- Act as a liaison to the profession, public and members for resources and educational opportunities in diversity, equity, and inclusion
- Reviewed CPTA policy statements when necessary provide recommendations to the CPTA Board for revision and/or amendment to reflect diverse, equitable, and inclusive process in the CPTA

**Stanford Arts & Humanities Journal**, Palo Alto, CA

00/20xx – 00/20xx

*Visual Arts Editor*

- Conducted regular meetings to discuss various activities and oversaw the documentation and cataloging of various artworks

- Ensured that the visual arts are effectively communicated through various media, websites, social media, and print materials
- Assisted in the planning and organization of art exhibitions, from concept development to installation
- Collaborated with the fundraising department to build capital for the organization

## TEACHING

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### UCSF Department of Physiology

00/20xx – 00/20xx

#### Teaching Assistant

- Taught the first-year class of 120 students in physiology utilizing multimodal and interactive presentations.
- Actively developed curriculum and provided students with related resources, e.g. worksheets, study guides, and games in order to enhance learning.

### UCSF/SFSU Physical Therapy Program

00/20xx – 00/20xx

#### Teaching Assistant

- Organized and led weekly group and individual study sessions to support students through their coursework.

## PUBLICATIONS

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Shrestha MK, **Bacall L**, Shrestha U, Gurung K, Chansi BS, Dhungana P, Gurung R, Ruit S. Title of Article. *Journal Name* 0000;00:00--00.

Yazdanpanah Y, **Bacall L**, Anglaret X, Gabillard D, Walensky RP, Moh R, Danel C, Sloan CE, Losina E, Freedberg KA. Title of Article. *Journal Name* 0000;00:000--00.

## ACADEMIC HONORS

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- UCSF School of Physical Therapy Regent Scholar 00/20xx
- APTA Minority Scholarship Award 00/20xx

## CONTINUING EDUCATION

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- Functional Orthopedics I & II – The Institute of Physical Art 00/20xx
- Advances in Evaluation and Treatment of the Shoulder – CPTA 00/20xx
- Advanced Joint Manipulations – The Manual Therapy Institute 00/20xx

## CERTIFICATION

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- Post Graduate International PNF Residency Level IIIA Certification 00/20xx

## ADDITIONAL SKILLS

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**Language:** Intermediate Spanish Proficiency

**Technology:** Proficient in EPIC, AllScripts, and Occusource