

Dag Hammarskjold, RN

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EDUCATION

Masters in Nursing: Advanced Practice Gerontology

Expected: June Year

- University of California, San Francisco, San Francisco, California
- Gerontological Nurse Practitioner Program
- **Thesis:** A Critical Review of the Literature: “Preventative methods to combat Osteoporosis in the Native American Community”

Bachelor of Arts, Biology

Year-Year

- University of California, Santa Barbara, Santa Barbara, California

MAJOR FIELDS AND LICENSURE/CERTIFICATIONS

Major Fields: Gerontology, Primary Care/Internal Medicine, Long-term Care

Licensure / Certifications:

- Gerontological Nurse Practitioner Certification – anticipated July Year
- Registered Nurse (R.N.)
- Current CPR (BCLS)

CLINICAL EXPERIENCE / INTERNSHIPS

Gerontological Nurse Practitioner role in clinical practice:

- Focused on assessment, disease management, and health maintenance of the older adult who is well, presenting with self-limiting illness or stable chronic illness, or is at risk for age-related problems.
- Made assessments of health risks and functional losses, present or potential in older adults.
- Formulated and implemented a plan of care to include diagnostic tests, therapeutic regimens, health education, health maintenance, advanced directives, and plans for follow-up.

Little Wasp Private Practice

Internal Medicine/Primary Care

San Jose, CA

Spring-Summer Year

Ladybug Health

Skilled nursing facility rounds

Los Angeles, CA

Fall Year

Chancellor Permanente (Oakland)

Skilled nursing facility rounds

Oakland, CA

Winter Year

Butterfly Senior Health Program

San Francisco, CA

Winter Year

Saint Ladybug Medical Center

Skilled nursing facility

San Francisco, CA

Winter Year

R.N. CASE MANAGER, **Beetle Senior Community Services**, San Jose, CA, Per Diem. Year

- Ensure continuous/ongoing case monitoring and follow up as mandated by the state regulatory agencies and our Center's policies.
- Screen clients up initial intake to determine the client's eligibility and/or need for case management services
- Conduct and perform comprehensive needs assessments and the evaluation of their medical, social, family, nutritional, and educational needs
- Develop a suitable service plan development through face-to-face interviews for each client and their families in order to ascertain their needs to include measurable goals and objectives through the provision of services.
- Maintained caseload that is appropriate for staffing level and achieve appropriate number of successful field visits per day (35-45 clients).

HEALTH SERVICES COORDINATOR, **Cricket Preventative Center**, Sacramento, CA Year

- Visited each facility under my purview a minimum of once every two weeks and documented the visit in the individual's progress notes.
- For individuals experiencing an acute episode, met with client daily and completed documentation in the progress notes.
- Completed quarterly nursing assessments of each individual.
- Monitored the administration of medication in accordance with established nursing procedure.
- Documented medical information, completed required reports, and reported information regarding individuals to appropriate personnel.

HOSPICE NURSE CASE MANAGER, **Visiting Nurse Association of Santa Clara**, Santa Clara, CA Year

- Worked with a multi-disciplinary team of professionals to coordinate and provide pain and symptom management, education, support and counseling for a caseload of 8-12 hospice patients in their homes and in long-term care facilities.

HEALTH EDUCATOR/CONSULTANT, **B Health Federal Services**, Sacramento, CA Year

- Health Educator for "Young at Heart," a Senior Health and Fitness Education Program.
- Provided health education for the Mobile Health and Wellness Program.
- Curriculum included: Disease Prevention, Cholesterol, Work/Life: A Balancing Act, Managing Stress, Nutrition and Fitness Education.
- Assisted with health screenings in Grip Strength, Pulmonary Lung Function Analysis, Blood Pressure, Body Composition, Cholesterol, and Health Risk Appraisals.

ASSISTANT MANAGER (student intern) Student Health Center, UCLA, Los Angeles, CA Year

- Assisted Wellness Program manager with training and supervision of first year student interns.
- Functioned as a Peer Health and Wellness Educator working with students on an individual level in addition to conducting group workshops.
- Coordinated the "Outreach" component focusing on health education through public speaking.

Note:

This level of detail (4-5 bullets) about the staff, patient population, clinical issues and type of organization is usually only needed if you are applying for positions or fellowships where you believe your employer/fellowship committee will not be familiar with the organization or your role. For example, if you are applying for an APN job outside of the bay area.

Usually, 1-3 bullets is sufficient.

SPECIAL TRAINING

- **Hospice Volunteer Training for Respite Care, Firefly Hospice Center, Sacramento, CA (24 hours)**
Curriculum encompassed: Philosophy of hospice care; concepts of death and dying; communication skills; psychological dynamics; spiritual dynamics; care and comfort measures; grief and bereavement; role of the hospice volunteer.
- **Breathwell Tobacco Cessation Facilitator Training, National Cancer Society, Oakland, CA (8 hours)**
- **SSPS – Advanced, Mantis Training, San Francisco, CA (16 hours)**
- **Dreamweaver – Beginning, Mantis Training, San Francisco, CA (8 hours)**

PRESENTATIONS / WORKSHOPS

- **“Prevention Works! – Medical Support Staff Facilitator Training,”** 8-hour workshop, Grasshopper Health Federal Services, Hawaii, March Year
- **“Prevention Works! – Medical Support Staff Facilitator Training,”** co-presenter, 8-hour workshop, Grasshopper Health Federal Services, Utah, October Year
- **“Exercising with Age”** 1 ½-hour presentation Grasshopper Health Federal Services, Springfield, California, December Year
- **“Exercising with Age,”** 1 ½-hour presentation, Pharo’s Ant Senior Community Home, Denver, Colorado, December Year

SPECIAL PROJECTS

- **“Prevention Works! CD-ROM Health Care Provider Training”** co-author and committee member, collaborative effort between Ant Health Federal Services and Damselfly Preventive Care Services. Year
- Developed and implemented patient status/tracking database system using MS Access in the areas of Smoking Cessation (Year), and Obesity Prevention (Year), Ant Federal Services, Scarab, New Mexico

HONORS AND AWARDS

- Sigma Theta Tau, Alpha Eta Chapter – International Honor Society of Nursing, Year, Year
- Rose Bee Scholarship, National Gerontological Nursing Association, Year
- Dean’s Honor List – Undergraduate Education, Year

SKILLS

- **Computer:** Microsoft Word, Excel, Access, Power Point.
- **Language:** Cantonese (basic), written and conversational

PROFESSIONAL AFFILIATIONS

- Orange County Area Nurse Practitioner Physician Assistant Association
- National Gerontological Nursing Association (NGNA)