

# Timeline for engaging with OCPD as a postdoctoral scholar

Early-stage

Mid-stage

Late-stage

## 1:1 Counseling

Every postdoc gets **5 free and private counseling appointments per year**.  
Come talk to us!



**Ray Care, PhD**  
Specialties:  
-Managing your mentorship  
-Preparing, applying, interviewing, and negotiating for faculty positions



**Linda Louie, PhD**  
Specialties:  
-Exploring careers  
-Getting experience  
-Networking and informational interviews



**Michael Matrone, PhD**  
Specialties:  
-Exploring careers  
-Designing a job search  
-Applying, interviewing, and negotiating

## Navigating Your Time at UCSF

Starting in a  
new position

Finding your  
mentors

Managing PI  
relationship

Managing  
collaborations

**Workplace  
Navigation**

Navigating  
workplace politics

Having a career  
conversation

Interviewing to  
avoid a bad fit

**Assess Your Working Relationship With Your PI**

**Using an Individual Development Plan**

**Build Your Professional Network**

## Professional Skills

**Evidence-Based  
Teaching Course**

**Successful Grants Library**

**Inclusive Research Mentor Course**

**Transferable Skills for PhD Career Paths** Recognize and develop skills that are valuable in all careers

**Business Concepts  
for Scientists**

## Career Exploration

**Introduction to Career Exploration**  
MIND class and Peer Teams

**Career Exploration Roadmap**

**Getting Experience**  
Support for experiential learning

**Career Paths**

**Employer Information Sessions**  
Learn about companies that are hiring

**Opportunities Board** Find teaching opportunities, jobs, and more

**Peer Teams** Work towards your career exploration and job goals with others doing the same

## Finding and Applying for Jobs

**Sample application materials**

Cover letters, resumes, CVs, and statements

**Search, apply, interview, and negotiate for jobs**

Support for all career paths

**Academic Career Readiness Assessment**

Use faculty hiring requirements to shape your training and application materials

Exploring and preparing  
for faculty positions

**Faculty Career  
Series**

Applying

Interviewing

Negotiating

Learn more about these programs: [career.ucsf.edu](https://career.ucsf.edu). Sign up to get announcements: [career.ucsf.edu/listserv](https://career.ucsf.edu/listserv)