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Timeline for engaging with OCPD as a basic and biomedical science graduate student

Program

Resource

1:1 Counseling

Year 1	Year 2	Year 3	Year 4	Year 5
Every graduate student gets 5 free and confidential counseling appointments per year. Come talk to us!	 <p>Rachel Care, PhD Specialties: -Choosing your thesis lab -Managing your mentorship -Planning your academic career</p>	 <p>Linda Louie, PhD Specialties: -Career exploration -Internships -Networking</p>	 <p>Michael Matrone, PhD Specialties: -Self-assessment -Career exploration -Job search, applications, interviews, and negotiations</p>	

Professional Skills

Manage Up Series

Conducting rotations	Choosing a thesis lab	Starting in a new lab	Finding your mentors	Managing PI relationship	Managing collaborations	Navigating workplace politics	Having a career conversation	Choosing your postdoc	Interviewing to avoid a bad fit
Conducting Successful Rotations	Successful Grants Library		Assess Your Working Relationship		Build Your Professional Network				

Career Exploration

Intro to Career Exploration Making Informed Decisions (MIND)	Intermediate Career Exploration Internships and Experiential Learning
Opportunities Board Find internships, teaching opportunities, postdocs, or jobs	

Career Development

Alumni Career Paths Learn from alumni in a different career every month	Applying, interviewing, and negotiating	
Transferable Skills for PhD Career Paths Develop skills that are valuable in all careers		
Business Concepts for Life Scientists	Exploring Faculty Careers	Academic Career Readiness Assessment

Inclusive Teaching and Mentoring

Evidence-Based Pedagogy Course	Inclusive Research Mentor Course	Inclusive Mentoring Fellows Mentor a CCSF student
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